



SALLISAW PUBLIC SCHOOLS

Liberty Elementary School

Breakfast and Lunch Menu

November 2023



Available to Kindergarten, First, Second and Transition: Turkey & Cheese or Ham & Cheese Sandwich, Fruit, Veggie and Milk

No Sack Lunches Available

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2023-2024 school year.</p>		
30	31	1	2	3
Sausage Biscuit Fruit Juice, Milk	Candy Corn Parfait Fruit Juice, Milk	French Toast Stick Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
Cheese Pizza Sweet Corn Salad Bar Fruit Milk	Vegetable Beef Soup & Crackers Cheese Sticks Salad Bar Fruit Cinnamon Roll Milk	Chicken Tenders Mashed Potatoes WG Hot Roll Salad Bar Fruit Milk	Beef Taco Refried Beans Salad Bar Fruit Milk	Ham and Cheese Croissant Tator Tots Salad Bar Fruit Milk National Sandwich Day
6	7	8	9	10
Breakfast Pizza Fruit Juice, Milk	Blueberry Bread Fruit Juice, Milk	Pancakes Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
Beef n Cheese Nachos Corn on the Cob Salad Bar and Fruit Milk Orange Sherbert National Nachos Day	Spaghetti and Meat Sauce Green Beans Breadstick Salad Bar Fruit Milk	Chicken Fried Steak Fingers Mashed Potatoes WG Hot Roll Salad Bar Fruit Milk	Burrito Refried Beans Chips and Salsa Salad Bar Fruit Milk	Fish Sticks French Fries Salad Bar Fruit Ice Cream Milk
13	14	15	16	17
Yogurt and Grahams Fruit Juice, Milk	Sausage Biscuit Fruit Juice, Milk	Pop Tart Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
Ham and Cheese Sandwich Goldfish Salad Bar Fruit Milk	BBQ Sandwich Pork n Beans Pickle Spear Salad Bar and Fruit Milk National Pickle Day	Thanksgiving Dinner 	Crispito Chips and Salsa Corn Salad Bar Fruit Milk	Pepperoni Pizza Baby Carrots w/ Ranch Salad Bar Fruit Milk
20	21	22	23	24

*****THANKSGIVING BREAK November 20th - November 24th*****

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.